DOCUMENT RESUME

ED 376 954 PS 022 760

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TITLE Slow and Steady, Get Me Ready. The How-To Book That Grows with Your Child = Despacio y constantemente, preparenme. El Libro de Instrucciones que Crece con su Nino(a) [Videotape].
REPORT NO ISBN-0-9622322-2-X; ISBN-0-9622322-5-4
PUB DATE [92]
NOTE For related documents, see ED 332 802, PS 022 758, PS 022 761, and PS 022 763.
AVAILABLE FROM Bio-Alpha, Inc.,P.O. Box 7190, Fairfax Station, VA 22039-1790 (VHS videotape, $19.95; English: ISBN-0-9622322-2-X; Spanish: ISBN-0-9622322-5-4).
PUB TYPE Audiovisual/Non-Print Materials (100) -- Multilingual/Bilingual Materials (171)
LANGUAGE English; Spanish

EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS Behavior Development; Child Development; Developmental Stages; *Individual Development; *Infants; *Learning Activities; Parent Materials; Parent Workshops; *Preschool Children; Preschool Education; Videotape Recordings

ABSTRACT

This videotape workshop, available in both English- and Spanish-language versions, demonstrates some of the 260 weekly "Slow and Steady, Get Me Ready" developmental activities for children from birth to age 5. The videotape is narrated by the retired kindergarten teacher who developed the activities based on her 25 years of experience. The activities on the videotape, intended for parents and child caregivers, involve interaction with the child, and are organized by different age levels, from birth to 6 months, 6 months to a year, and each year from 1 to 5. The activities involve materials usually found in the home, and include rolling spools, dropping objects in a bottle, and playing with various sensory media. (HTH)

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